

Volunteer Role: Group Support Volunteer

About Ceartas

Ceartas Advocacy provides Independent Advocacy to adults 16+ living in East Dunbartonshire. We prioritise working with people who have particular support needs: Acquired Brain Injury; Autism Spectrum; Additional Communication Needs; Dementia; Learning Disability; Mental Health; Older people; Physical Disability; Sensory Impairment; and Substance Use.

About the Role

We are looking for an enthusiastic individual who has a passion for equality, fairness and justice to volunteer alongside our team.

As a volunteer, you will provide support to our existing lunchtime peer support groups, A Bite & A Blether, across East Dunbartonshire. Assisting the group facilitators, you will play a vital role in supporting participants and ensuring the smooth running of the groups. Our groups meet once a week for a duration of one and a half hours.

Main tasks include:

- Setting up venue
- Welcoming group members
- Serving light lunches, teas & coffees
- Chatting with and listening to group members
- Raising any issues/sign posting requirements with group facilitators
- Venue clean and tidy up at end of session

All Volunteers must be willing to apply to the Protecting Vulnerable Groups Scheme for a membership which is an online application and is free.

Skill , Attributes and Experience for this Role

Do you have lived experience of social isolation and/or loneliness, or know someone who does? Are you enthusiastic, self-motivated and have a passion for creating opportunities for people to connect with their communities.



Support and Training

All volunteers will be allocated a link staff member, a volunteer handbook is provided, volunteers are invited to visit the groups for a taster session and to visit the office to be introduced to the team,. Ongoing relevant training is encouraged and supported which is volunteer led and specific to each individual. On a number of occasions throughout the year we will organise volunteer lunches at our office to provide the opportunity for peer support and further development.

Expenses

We will reimburse volunteers for all expenses incurred for travelling to and from the groups. To be reimbursed volunteers can complete a simple form at a frequency that suits their needs.

Accessibility

All of our groups are held at venues that are fully accessible, as are our offices.

How to Apply

Please send any enquires or questions about our opportunities using the following, choosing your preference:

Telephone 0141 775 0433

Email info@ceartas.org.uk