

Volunteer Role: Group Facilitator

About Ceartas

Ceartas is an independent advocacy service working with individuals aged 16 and over in East Dunbartonshire. We prioritise working with people who have particular support needs: Acquired Brain Injury; Autism Spectrum; Additional Communication Needs; Dementia; Learning Disability; Mental Health; Older people; Physical Disability; Problem Substance Use and Sensory Impairment.

About the Role

We are looking for an enthusiastic individual who has a passion for equality, fairness and justice to volunteer alongside our team.

As a Volunteer Group Facilitator you will play a vital role in supporting our group members to access peer support and stay connected with their community helping to elevate loneliness and social isolation. Our groups meet twice a week, Mondays (12.30 - 2pm) and Thursdays (1 - 2.30pm). Depending on your availability we would be looking for someone to facilitate one or two groups every week throughout the year.

Main tasks include: -

- Working closely with the Project Coordinator and Group Support Volunteers to plan and facilitate group sessions.
- Collecting food orders prior to sessions.
- Setting up venue, to serve a light lunch and refreshments.
- Welcoming guest speakers and supporting them to set up.
- Welcoming group members and serving them lunch and refreshments.
- Chatting with group members, and signposting them to any other services if any issues arise.
- Tidying up and cleaning venue when finished.



Skill , Attributes and Experience for this Role

Do you have lived experience of social isolation and/or loneliness, or know someone who does? Are you enthusiastic, self-motivated and have a passion for creating opportunities for people to connect with their communities. The volunteer undertaking this role would preferably hold a full driving license and be willing to complete relevant training and a PVG Membership application, the cost of which would be covered by Ceartas.

Support and Training

All volunteers will be allocated a link staff member, a volunteer handbook is provided, volunteers are invited to visit the groups and to visit the office to be introduced to the team. Ongoing relevant training is encouraged and supported which is volunteer led and specific to each individual. On a number of occasions throughout the year we will organise volunteer lunches at our office to provide the opportunity for peer support and further development.

Expenses

We will reimburse volunteers for all expenses incurred for travelling to and from the groups. To be reimbursed volunteers can complete a simple form at a frequency that suits their needs.

Accessibility

All of our groups are held at venues that are fully accessible, as are our offices.

How to Apply

Please send any enquires or questions about our opportunities using the following, choosing your preference:

Telephone 0141 775 0433

Email info@ceartas.org.uk