

Fact Sheet on: Dementia Services



How to get in touch:

Ceartas Advocacy
Suites 5 – 7
McGregor House
10 Donaldson Crescent
Kirkintilloch
G66 1XF

Telephone:

0141 775 0433

Email:

info@ceartas.org.uk

Website:

www.ceartas.org.uk

Social media:



(pronounced Kier-tis) is a Gaelic word for equality, fairness and justice.

Ceartas is a company limited by guarantee No 264199. Recognised as a Charity in Scotland No SCO35269.

There are almost 86,000 people with dementia living in Scotland. Ceartas recognises that people with dementia may require access to specialist support and in response to this we have developed a number of services aimed at supporting people with dementia and their carers, some in conjunction with key partners.

Dementia Information Service

Ceartas provides a Dementia information Service for people concerned about dementia. This information can be provided over the phone, by email, by visiting our offices or by arranging a home visit. Previous information enquiries have included:

- Granting Power of Attorney
- Applying for Guardianship
- Services for Carers
- Accessing Social Work Assessments
- Services including home support
- Self-directed Support/Direct Payments and day care
- General benefit information
- Making decisions about future care

Dementia Advisory Clinic

The Dementia Advisory Clinics are a unique outreach service where people who are affected by dementia can get access to information and advice on dementia-related issues in an accessible way.

The clinics, currently operating in Kirkintilloch, Milngavie, Bearsden and Bishopbriggs, are staffed by partners from Alzheimer Scotland and Carers Link. Further clinics in Anand Bhavan and a dedicated hospital clinic service are provided by staff from Ceartas and colleagues from Social Work. There is also a home visit service for those who require information but are unable to attend the clinics. This flexible service is provided in an effort to ensure people get access to relevant information in a place, at a time, and in a way that is suitable to them.

Continued

Dementia Network

Ceartas is a member of the East Dunbartonshire Dementia Network which is a dedicated group which acts as a resource for people with dementia, their families, carers and those with an interest in dementia related issues.

The group aims to shape local services by:

- Listening and responding to views and opinions
- Providing accessible information
- Raising awareness of local and national services
- Identify gaps of local services, working together to find solutions and influencing change
- Promoting existing good practice

Memory Group

The Memory Group is a six week course aimed at people who have recently been diagnosed with dementia and their carer. The group takes time to look at various issues affecting people with dementia and their carers. Each group is unique and the participants decide which topics they want to cover, previous topics have included:

what is dementia?, how do I access services?, how can I maintain my relationships? and are there adaptations and aids which can help me?. As well as attendance at group discussions participants can ask for a home visit to discuss any issues they are facing which they would rather speak about in a more private setting. The Memory Group is run in partnership with colleagues from The Woodlands

De Café

We also run De Cafés which are support and information groups for people who are affected by dementia and their carers. The groups provide the opportunity to meet others within East Dunbartonshire who are also affected by the condition. The cafés provide a friendly and welcoming environment where regular guest speakers and discussion topics are covered. The groups are run on a monthly basis at various venues throughout East Dunbartonshire.

Ceartas Dementia Voices

This group was set up in 2012 because at Ceartas we are aware that there is the need for people with a diagnosis of dementia to get the opportunity to discuss specific issues or concerns they may face. The group meets four times a year and whilst the group is aimed at those with a diagnosis of dementia we appreciate the vital role family, friends and carers play and as such those who support an individual are also very welcome to attend.

GP Outreach

Ceartas also works in partnership with local GP surgeries to offer support, information and access to advocacy to people with a diagnosis of dementia in the familiar surroundings of their GP Surgery. This service allows people with dementia, their families and carers to raise any concerns or issues they may have and build an effective working relationship with Ceartas.