

When and Where the ABI Café group meets:

The Group meets at 1.30pm-3pm usually on the first Thursday of each month, at Kirkintilloch Baptist Church, 52 Townhead, Kirkintilloch, Glasgow G66 1NL
(on the bus routes of the X87 and the 88 operated by Firstbus)

The ABI Café is run by Ceartas Advocacy and Headway Glasgow on the following dates:

Thursday 1st August 2013

Thursday 5th September 2013

Thursday 3rd October 2013

Thursday 7th November 2013

Thursday 5th December 2013

How to get involved:

If you are interested in attending this group please contact Ceartas on 0141 775 0433 or Headway Glasgow on 0141 332 8878 to find out more and to give us your details.

ABI Café

(Acquired Brain Injury Group)



What the ABI Café group is about:

This is a support and information group for people with acquired brain injury and their carers in the East Dunbartonshire Area.

The group is held monthly. They have regular speakers and discussion topics, and there is a chance to meet other people with an acquired brain injury from this area. Staff from Ceartas and Headway will be in attendance to offer information, help and advocacy support to the group.

We have found out more info about access to support agencies for ABI in the last 30 minutes than we have been told in the last three years since the stroke happened.

(Carer)

It's a place where people with ABI can gain confidence to speak in a group. They feel included, not excluded and get support, friendship, ideas and info from people with similar difficulties.

(Support Worker)

Everyone is treated equally no matter what type of ABI they have.

(Group member)



Who we are:

Ceartas is an independent advocacy and information service working with individuals aged 16 and over living in East Dunbartonshire

Address: Suites 5-7 McGregor House,
10 Donaldson Crescent, Kirkintilloch, G66 1XF

Phone: 0141 775 0433

Email: info@ceartas.org.uk

Web: www.ceartas.org.uk

www.facebook.com/ceartasadvocacy



Headway Glasgow is a charity which works with people with Acquired Brain Injury, their families and carers in the Glasgow area. We aim to provide information support and services.

Address: Headway Glasgow, The Renfield Centre, 260
Bath Street, Glasgow G2 4JP

Phone: 0141 332 8878

Email: info@headwayglasgow.org

Web: www.headwayglasgow.org

