

## Carers Self Directed Support Project



Carers Scotland and The Scottish Personal Assistant Employers Network (SPAEN) are looking for carers to take part in free training to support them to access Self Directed Support (SDS) for themselves or the person they are caring for.

To get the project started, we will be holding a focus group on :

**Friday 30th November 10.30am —12.30pm**  
**at**  
**Milngavie Enterprise Centre**  
**Ellangowan Road, Milngavie, Glasgow, G62 8PH**

This will be an opportunity for the project organisers to find out about the issues carers have experienced in getting SDS for the person they are caring for.

Based on the feedback received, a training programme will be developed around; making informed decisions about SDS, employing with confidence and managing with confidence, along with those issues raised in the focus group. The support will be delivered in 2013-14.

If you are a carer and are interested in taking part in the focus group and training or would like to find out more, please contact:  
[amy.anderson@carerscotland.org](mailto:amy.anderson@carerscotland.org) or contact her at Carers Scotland on 0141 445 3070.

If you are an organisation that works with family carers, please let them know about this opportunity.

Carers Scotland and SPAEN thank Carers Link and East Dunbartonshire Voluntary Action for their help in organising this event.