

## Become a member

If you support the work that Ceartas delivers, you can help to ensure we carry on doing it by becoming a member.

Becoming a member ensures that we are kept informed of the views of our service users. It also enables us to demonstrate to potential funders that we are truly representing people in East Dunbartonshire.

Ceartas is a charity managed by a voluntary board of management. Is a company limited by guarantee and recognised as a charity by the Inland Revenue.

Registered in Scotland 264199. Scottish Charity No. SCO35269

## Get in touch

If you would like further information or to comment on our service then please contact us:

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**McGregor House**

**10 Donaldson Crescent**

**Kirkintilloch G66 1XF**

**Phone:** 0141 775 0433

**Text:** 07501 503266

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# Providing advocacy in East Dunbartonshire



## What we do

Ceartas provide an independent advocacy service for people aged 16 or over in the East Dunbartonshire area.



## What is advocacy?

The aim of advocacy is to support people to represent their own interests. If this is not possible, the advocate will represent the person's views

Ceartas work alongside individuals in a variety of circumstances, from providing information on community care issues to representing a person's views in case conferences.

Ceartas staff are not qualified in law. If you require legal representation at any point in our work with you we will be happy to assist you to access legal representation.

In Ceartas, advocacy is provided by both paid and volunteer advocates and the organisation can also support group advocacy where a number of people wish to be represented together on a common issue.

Our advocacy work prioritises the following groups of individuals:

- People with dementia
- Older people
- People with learning disabilities
- People with mental health issues
- People with sensory impairment
- People with a physical disability



- People with acquired brain injury
- People with additional communication needs



## Ceartas also provides:

### INFORMATION

Ceartas provides a service where you can access information on a range of issues including advice on dementia, planning for the future and information on relevant legislation or any other community care issues. Staff at Ceartas can arrange an appropriate time to visit you at your home or if preferred, an office visit can be arranged.

### GROUP WORK

Ceartas raise awareness of advocacy and care specific issues through a variety of service user groups. This is often achieved by working in partnership with a number of other agencies. Groups to date have included issues relating to dementia, user involvement and addictions.

### TRAINING

Ceartas can deliver bespoke training on advocacy, dementia and community care legislation. The organisation has delivered training in a variety of settings and to a number of different groups including: potential service users and carers, nursing and social work students and care providers.

### GP SURGERY OUTREACH

Ceartas work in partnership with local GP Surgeries to offer support, information and access to advocacy to their patients with dementia. This allows the person with dementia and their relative/carer to raise any concerns or issues they may have and build a relationship with Ceartas.



### VOLUNTEERING OPPORTUNITIES

If you are interested in the work that Ceartas does then you can become involved by volunteering. There are a number of opportunities that will directly assist the organisation. If you want to find out more then please get in touch!